

BWC TELOMERE LENGTH



Telomere are specific regions at the end of our chromosomes or genetic blueprint that determines your degenerative status. The 'longer' your telomere length, the 'slower' the aging process and the 'lower' the risk of developing many debilitating diseases.

BWC Package Price (Baht) 13,900.-

BWC DNA PREMIUM



Premium DNA Test for 500+ reports with 20 categories for proper planning of your personal health care. It indicates a risk for the formation of undesirable conditions or diseases (i.e., cancer gene), as well as helps to wisely control your weight and succeed in the weight loss targets. The patients will be able to personalize their health care program based on their nutritional and exercise results and ultimately achieve the optimal individual health care goals.

BWC Package Price (Baht) 30,000.-

BWC NK CELL ACTIVITY



NK cells or Natural Killer Cells are white blood cells that help guard the body viruses and tumor cells. Therefore, the function of your NK cells determines how good your immune function is. Poor NK cell activity reflects impaired immune function.

BWC Package Price (Baht) 25,000.-

BWC IgG4 FOOD INTOLERANCE



"Identify the causes of the food intolerance"

Food Intolerance Test is designed to help detect any hidden food sensitivities by Immunoglobulin G4 to 232 everyday food items. Repetitive ingestion of particular food items that the body's immune system cannot recognize leads to formation of toxic substances that stimulate many unwanted symptoms.

BWC Package Price (Baht) 29,900.-



BDMS Wellness Clinic committed to provide preventive medicine to serve longevity for healthy life and for wellness. Our internationally trained physicians utilize advanced science and technology to fully explore the client's physical condition at the cellular and molecular levels. This allows our specialists to analyze future health issues, and advise appropriate intervention to improve health, while also enhancing mental and physical performance and – most important – quality of life.



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MEMBER OF **BDMS**

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YOUR SUSTAINABLE WELLNESS BEGINS HERE

Predict, Prevent, Precision and Personalized

Preventive Check-up



LIVE LONGER, HEALTHIER & HAPPIER

BWC PREVENTIVE CHECK UP

Check and Prevent Hidden Diseases with Preventive Check-up Program.

46 check-up lists for men and 47 check-up lists for women.

- Holistic health check-up package that focuses on prevention before disease progression and identify the risk of asymptomatic diseases and conditions.

Category	Items	Male	Female
Antioxidant, 8 Lipid and water soluble vitamins (HPLC)	Vitamin C (HPLC)	•	•
	Vitamin A (HPLC)	•	•
	Vitamin E (HPLC)	•	•
	Gamma Tocopherol	•	•
	Beta Carotene	•	•
	Alpha Carotene	•	•
	Coenzyme Q10 (HPLC)	•	•
	Lycopene	•	•
	Lutein + Zeaxanthin	•	•
	Beta-Cryptoxanthin	•	•
Hormones	Thyroid Stimulating Hormone (TSH)	•	•
	Free T3	•	•
	Free T4	•	•
Hematology	CBC	•	•
Cardio	CRP high sense	•	•
	Cholesterol	•	•
	Triglyceride	•	•
	HDL	•	•
	LDL	•	•
ESR	ESR	•	•
	ESR	•	•
Sugar	Glucose (Fasting)	•	•
	Glycated Hb (HbA1c)	•	•
Liver	SGPT	•	•
	SGOT	•	•
	Bilirubin	•	•
	Albumin	•	•
	GGT	•	•
	Alkaline Phosphatase	•	•
Renal	BUN	•	•
	Creatinine (plus GFR)	•	•
Bone & Joint	Uric Acid	•	•
Tumor Markers	Carcinoembryonic Antigen (CEA)	•	•
	Alphafetoprotein (AFP)	•	•
	Prostatic Specific Antigen (PSA only male)	•	•
	Cancer Antigen 15-3 (Breast Cancer only female)	•	•
Other Iabs	Urine Exam	•	•
	Stool Exam	•	•
SECA	Body Composition Analysis	•	•
Pap Test	Pap Test	•	•
X-ray	Chest X-ray	•	•
Bone Dens	Bone Dens Whole body	•	•
Ultrasound Abdomen	Ultrasound Upper Abdomen	•	•
	Ultrasound Lower Abdomen	•	•
EKG	EKG	•	•
EST	EST	•	•
ABI	ABI	•	•
Eye & Ear Test	Eye & Ear Test	•	•
Skin Analysis	Skin Analysis	•	•
Total Price (Baht)		62,615.-	65,514.-
BWC Package Price (Baht)		39,000.-	42,000.-

BWC ANTI-AGING ADD-ON PROGRAM

BWC Anti-Aging Add-on Program measure the function of vitamins, antioxidants and hormones which our Preventive medicine specialist will provide an analysis, health advice and an individual customized plan to maintain a balanced and optimal levels of vitamins and hormones.

Category	Items	Male	Female	
Antioxidants	Vitamin C (HPLC)	•	•	
	Vitamin A (HPLC)	•	•	
	Vitamin E (HPLC)	•	•	
	Gamma Tocopherol	•	•	
	Beta Carotene	•	•	
	Alpha Carotene	•	•	
	Coenzyme Q10 (HPLC)	•	•	
	Lycopene	•	•	
	Lutein + Zeaxanthin	•	•	
	Beta-Cryptoxanthin	•	•	
	Micronutrients	Vitamin B12	•	•
		Zinc in Blood (Mass Spectrometry) : (ICP-MS)	•	•
		Magnesium	•	•
Vitamin D2/D3 (25-OH Vit D2/D3)(LC-MS/MS)		•	•	
Folate(Serum)		•	•	
Chromium in blood (Mass spectrometry)		•	•	
Copper in Blood (Mass Spectrometry)		•	•	
Selenium in Blood (Mass Spectrometry)		•	•	
Hormones	Ferritin	•	•	
	Luteinizing Hormone (LH)	•	•	
	Follicle Stimulating Hormone (FSH)	•	•	
	Thyroid Stimulating Hormone (TSH)	•	•	
	Free T3	•	•	
	Free T4	•	•	
	Dehydroepiandrosterone Sulphate (DHEA-S)	•	•	
	IGF1	•	•	
	Testosterone	•	•	
	Cortisol	•	•	
Insulin	•	•		
Estradiol (E2)	•	•		
Progesterone	•	•		
Total Price (Baht)		54,972.-	56,455.-	
BWC Package Price (Baht)		32,500.-	32,500.-	



BWC MICRONUTRIENTS

Micronutrient Test

Micronutrient testing offer the most accurate, scientifically proven method of assessing nutritional balance and identify deficiencies. Micronutrient tests measure the function of 18 nutritional components including vitamins, antioxidants, minerals and amino acids within our white blood cells.

Items	Male/Female	
Folate	•	
Vitamin B12	•	
Chromium in Blood (ICP-MS)	•	
Copper in Blood (ICP-MS)	•	
Ferritin	•	
Magnesium	•	
Selenium in Blood (ICP-MS)	•	
Zinc in Blood (ICP-MS)	•	
Vitamin C (HPLC)	•	
Vitamin A (HPLC)	•	
Vitamin E (HPLC)	•	
Gamma Tocopherol	•	
Beta Carotene	•	
Alpha Carotene	•	
Coenzyme Q10 (HPLC)	•	
Lycopene	•	
Lutein + Zeaxanthin	•	
Beta-Cryptoxanthin	•	
Total Price (Baht)		27,731.-
BWC Package Price (Baht)		14,500.-
*Option BWC Vitamin D2/D3 (25-OH Vit D2/D3) (LC-MS/MS) 4,500.-		

BWC HORMONE SCREENING

Hormone testing can detect and evaluate hormonal imbalances that can affect your overall health, such as increased risk of heart disease, mood swings, abnormal weight gain and insomnia. Our Preventive medical specialist will tailor a program to suit your specific health and lifestyle requirements.

Items	Male	Female
Luteinizing Hormone (LH)	•	•
Follicle Stimulating Hormone (FSH)	•	•
Estradiol (E2)	•	•
Progesterone	•	•
Testosterone	•	•
Thyroid Stimulating Hormone (TSH)	•	•
Free T3 (Triiodothyronine Free)	•	•
Free T4 (Thyroxine Free)	•	•
Dehydroepiandrosterone Sulphate (DHEAS)	•	•
IGF1	•	•
IGFBP3	•	•
Sex Hormone Binding Globulin	•	•
Insulin	•	•
Cortisol	•	•
Total Price (Baht)		30,543.-
BWC Package Price (Baht)		16,000.-